**Assignment Part A: Podcast - Systemic Lupus Erythematosus
Group project contribution report**

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HLSC 4650: Pathophysiology 3

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### **Miranda - Group Work Contribution Report**

**Project Title: Systemic Lupus Erythematosus**

**Group Members:**

* Miranda Brownell
* Shanelle Galuska
* Victoria Hutton
* Kennedy Love

**Individual Contribution Summary ( need to be completed by all group members)**

**Member 1: Name:** Miranda Brownell (T00668199) **Role(s): [Your Role(s) in the Project]**

**1. Tasks Completed**

**Task 1: [Description of Task]** Provide a brief description of what you did for this task, any tools or resources used, and the outcome and how your contributions fit into the overall project.

* Creation of the case study as it related to the research that other group members and myself completed.
	+ I created this based off of research done on the common demographic, symptoms and
* Creation of the CCL
	+ I researched a CCL generator to create one for us.
* Writing and editing the script for the podcast.
	+ This was a shared aspect of the project. However, I was responsible for writing and editing approx about 30% of the script.
* My voice is present in the podcast.

**2. Collaboration & Communication**

**Team Meetings:** *Attendance:* [Describe your attendance and participation in team meetings.] and *Input:* [Mention specific ideas or suggestions you contributed during the meetings.]

* Available to meet on Wednesday October 23, 2024. Meeting was canceled, however a group chat happened to delegate responsibilities.
	+ Set to have all planning completed by Wednesday October 30th.
	+ I agreed to create a case study, research, and speak in the podcast.
	+ Recognized that other group members have better computer skills than me so my portion would be heavier in the research and preparation section.
* Informal Communication on October 26, 2024.
	+ Moved my prepared case study to the shared google docs. Shared what my intention was with group members.
	+ Made suggestions of where each important topic could be integrated with the case study I created.
* Meeting on October 30th, 2024.
	+ All group members present and we completed the script, and recorded audio.
	+ My contributions were editing the different sections, and completing the missing research that was required.

**Communication:** *Methods Used:* [Describe how you communicated with your team (e.g., email, group chat, in-person meetings) and how effective it was.] and *Coordination:* [Describe how you helped coordinate tasks and ensured the project stayed on track.]

* We created a group chat on WhatsApp.
	+ Big ideas about the project (delegating, ensuring everyone is on the same page)
	+ Planning meeting times.
	+ This was a positive form of communication and everyone was able to easily access the information.
* Informal in-person/text based communication
	+ This was done during breaks in class.
	+ Able to get responses immediately and worked well.
* Shared google Doc with all group members
	+ This allowed us to organize thoughts and have access to each other's work.
	+ Improved efficiency than finding the same information more than once.
	+ Improved breadth of information that we gathered.
* Suggested that all information and planning be done 2 days prior to the due date so that there was time for final editing and organizing.
* Suggested that we delegate tasks.

**3. Challenges & Solutions**

**Challenge 1: [Description of Challenge]** Explain how you or your team overcame this challenge.

* Cancellation of group planning meetings due to personal priorities/challenges outside school arising. Everyone in the group was understanding, and flexible to use other means of communication. We all actively participated in a succinct group chat on WhatsApp and covered all the information that we planned to cover.

**4. Reflection**

**What I Learned:** [Reflect on what you learned from this group work experience, including any new skills or insights gained.]

* One aspect of group work is that I struggle with trusting other group members to complete their tasks to the level, and timeframe that I would intend for myself. Although this is not a big challenge with this group, in the past this has ended with me completing the majority of projects and becoming frustrated with group members. Everyone in my group is brilliant, and has skills to contribute to the group. This is something I have been developing and improving on throughout my journey in nursing and I think that this project has furthered my development of this.

 **Areas for Improvement:** [Identify any areas where you feel you could improve in future group projects.]

* I will continue to work on the above skill as I know there is still room for improvement.
* I want to work on my computer literacy skills, as this is a skill that will always be important both in school and as I become a nurse. This is a skill I have slowly been working on and is another goal that was needed for this project.

**Overall Contribution:** [Summarize your overall contribution to the project and your thoughts on the final outcome.]

* We split the workload relatively evenly. I was responsible for developing the case study and integrating where each explanation would fit the best.
* We also split the creation of the script. I re-organized the research for the section about symptoms, the pathophysiology portion, and the prognosis sections to create the script.
* Overall, the end product looked and sounded good. It is well organized and the voice recording is clear.

### **Shanelle - Group Work Contribution Report**

**Project Title: Systemic Lupus Erythematosus**

**Group Members:**

* Miranda Brownell
* **Shanelle Galuska**
* Victoria Hutton
* Kennedy Love

**Individual Contribution Summary ( need to be completed by all group members)**

**Member 2: Name:** Shanelle Galuska **Role(s): [Your Role(s) in the Project]**

**1. Tasks Completed**

**Task 1: [Description of Task]** Provide a brief description of what you did for this task, any tools or resources used, and the outcome and how your contributions fit into the overall project.

**I made the cover art: I used fine markers and pencil crayons.
I recorded my voice for the podcast, using a voice recording app.
I did research and created parts of the script and edited the script. I used google for resources, as well as the TRU library.**

[Add more tasks as necessary]

**2. Collaboration & Communication**

**Team Meetings:** *Attendance:* [Describe your attendance and participation in team meetings.] and *Input:* [Mention specific ideas or suggestions you contributed during the meetings.]

I attended our two in person meetings. I pitched the idea of having Rose be pregnant, due to research I found. I also went back and forth with my classmates to decide what the cover art should be. I helped formulate how we would weave the case study through the podcast.

**Communication:** *Methods Used:* [Describe how you communicated with your team (e.g., email, group chat, in-person meetings) and how effective it was.] and *Coordination:* [Describe how you helped coordinate tasks and ensured the project stayed on track.]

**We had a group chat as well as two in person meetings. The meetings were much more productive than the group chat, due to being able to bounce ideas quickly.**

**I helped with coordination by pitching days to meet up, and communicating what days we had to have what task completed by.**

**3. Challenges & Solutions**

**Challenge 1: [Description of Challenge]** Explain how you or your team overcame this challenge.

**We had technical difficulties in getting the audio file to be under 10 minutes. We supported our most tech-y teammate with encouragement, and she managed to get the audio file to be within the time frame.**

**We had difficulty in making the script cohesive, considering each of us wrote different parts. We all edited the script and changed it on the fly during recording to make it flow properly. We also cut out unnecessary and repetitive parts of the script we didn’t notice as we each wrote our separate parts.**

**4. Reflection**

**What I Learned:** [Reflect on what you learned from this group work experience, including any new skills or insights gained.]

**I learned about how to write something that was made to be “performed”. The wording and cadence is definitely different from academic writing. I also think I did a good job in staying within my assigned tasks, and not worrying about work that did not belong to me, which is an improvement from previous group projects.**

 **Areas for Improvement:** [Identify any areas where you feel you could improve in future group projects.]

· **I definitely could have made more effort in learning about how to edit audio files, but we used a strengths based initiative in this project, so I did not have the opportunity. I also think that we should have recorded much earlier, to give our tech-y teammate more time to work. I think that was unfair to her.**

**Overall Contribution:** [Summarize your overall contribution to the project and your thoughts on the final outcome.]

**Made the cover art
Contributed to research
Worked on script (approx 25%)
Edited script
Voice within podcast**

**I think the outcome is pretty great considering this kind of format is new to us. We overcame technical challenges and supported each other, and were good teammates.**

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### **Victoria - Group Work Contribution Report**

**Project Title: Systemic Lupus Erythematosus**

**Group Members:**

* Miranda Brownell
* Shanelle Galuska
* **Victoria Hutton**
* Kennedy Love

**Individual Contribution Summary ( need to be completed by all group members)**

**Member 3: Name:** Victoria Hutton **Role(s):** Research collection, script writing/editing, IT support.

**1. Tasks Completed**

**Task 1:**

* I spent a lot of time finding resources, pulling quotes, and building the evidence for the case study/ podcast. I used the TRU library for most of the sources I found, but did pull many quotes from the textbook as well.
* I wrote about 25% of the script and was partially responsible for editing and reviewing the script as well.
* I was responsible for uploading the video and associated forms to Kaltura.
* My voice is present on the podcast.

**2. Collaboration & Communication**

**Team Meetings:**

* Available to meet on Wednesday October 23, 2024. Meeting was canceled, however a group chat happened to delegate responsibilities.
	+ Set to have all planning completed by Wednesday October 30th.
	+ I agreed to do research, collect information, and organize the information so that it was more accessible for the group for case study/ script.
	+ Responsible for IT management, technical skills with the group document and video uploading.
* Informal Communication on October 26, 2024.
	+ Worked on collection of data, resources, finding and reformatting information so that it was usable for our purposes.
* Meeting on October 30th, 2024.
	+ All group members present and we completed the script, and recorded audio.
	+ Coaching the group on recording technique, gross script overview and small detail oriented changes.

**Communication:** *Methods Used:* [Describe how you communicated with your team (e.g., email, group chat, in-person meetings) and how effective it was.] and *Coordination:* [Describe how you helped coordinate tasks and ensured the project stayed on track.]

* We discussed in class, through a whatsapp group, and outside of class together.
	+ These discussions were clear, friendly, and thorough. Questions posed were answered relatively quickly and I felt supported and understood as different challenges were faced.
* I created the whatsapp group for the group chat, as well as organized and helped locate a room to record in.
* When our conversations got off topic during our group work session, I felt comfortable to, and was supported in, asking the group to return to our tasks.

**3. Challenges & Solutions**

**Challenge 1:**

* My team faced a great challenge in that I personally was very unwell from October 21-31 with a migraine, requiring two separate trips to the emergency department. My team was able to support me through this, we recorded together well, and I was able to contribute as I hoped I’d be able to even through my struggle. I felt supported at all times, and my group was able to still complete a podcast we are proud of. This was accomplished through clear communication about my status, and devoted time in periods of wellness towards getting my portions of the work done.

**4. Reflection**

**What I Learned:** [Reflect on what you learned from this group work experience, including any new skills or insights gained.]

* I learned how to use the Kaltura software.
* I learned a lot about SLE, the research going on around it, and I feel confident in my ability to advocate for investigation if I feel it’s necessary with a patient in the future.
* As for my group, we learned how to rely on each other and how to accomplish great things even if we weren’t all operating at 100% capacity (me).

 **Areas for Improvement:** [Identify any areas where you feel you could improve in future group projects.]

* For a project like this in the future, I wish that I would have more dedicated time (maybe within class time) to work with my team.
* I also would love it if we had less happening at the same time that made (me) feel like my attention was split between this project, a midterm, and another ongoing project as well.

**Overall Contribution:** [Summarize your overall contribution to the project and your thoughts on the final outcome.]

* Working with this group was a delight. The women on this team make me a better student, and a better group member. I appreciated learning with them, sharing our insights together, and creating a piece of art that represents that learning.
* Overall I am happy with the product that was created, and proud of the work we were able to produce.

### **Kennedy - Group Work Contribution Report**

**Project Title: Professor Lupus: Rose’s Experience with SLE**

**Group Members:**

* Miranda Brownell
* Shanelle Galuska
* Victoria Hutton
* **Kennedy Love**

**Individual Contribution Summary ( need to be completed by all group members)**

**Member 4: Name:** Kennedy Love **Role(s): [Your Role(s) in the Project]**

* **Researcher with a focus on pregnancy and skin color**
* **Script writing with a focus on pregnancy and skin color**
* **Script editing**
* **Recorder of audio files**
* **Voice in podcast**
* **Podcast editor**
* **Associated video (of the cover art and our pictures) editor**
* **Cover editor (not the drawing but putting it together with words)**
* **CCL creation**
* **Timestamp sheet creator**
* **Citation checker**

**1. Tasks Completed**

**Task 1: [Researcher]** Provide a brief description of what you did for this task, any tools or resources used, and the outcome and how your contributions fit into the overall project.

I conducted research on how SLE impacts pregnancy outcomes and how skin color may influence diagnosis. I also assisted with generalized research on SLE. This research added depth to the podcast, highlighting unique SLE challenges in specific populations.

**Task 2: [Script writing]** Provide a brief description of what you did for this task, any tools or resources used, and the outcome and how your contributions fit into the overall project.

I contributed to the script by writing sections related to pregnancy and skin color, using the research I gathered to create accurate and engaging content. I focused on making complex topics understandable and relevant, contributing to a comprehensive narrative that addressed SLE from multiple perspectives.

**Task 3: [Script editing]** Provide a brief description of what you did for this task, any tools or resources used, and the outcome and how your contributions fit into the overall project.

I reviewed and edited the script to ensure clarity, accuracy, and a cohesive flow. Using Google Docs, I helped refine transitions, removed redundancies and ensured that each section aligned with our main objectives. This editing improved the overall quality, making the final product more polished and professional.

**Task 4: [Audio recording]** Provide a brief description of what you did for this task, any tools or resources used, and the outcome and how your contributions fit into the overall project.

I took charge of recording the audio files, ensuring sound quality and consistent volume levels. This role required careful setup and adjustments to provide a clear and engaging audio experience for listeners, enhancing the professionalism of our podcast.

**Task 5: [Voice in podcast]** Provide a brief description of what you did for this task, any tools or resources used, and the outcome and how your contributions fit into the overall project.

I lent my voice to the podcast, delivering parts of the script in a clear, engaging manner. My narration helped bring our content to life and contributed to the podcast’s approachable tone, making it accessible to our audience.

**Task 6: [Podcast editor]** Provide a brief description of what you did for this task, any tools or resources used, and the outcome and how your contributions fit into the overall project.

Using Canva, I edited raw audio files into the final podcast. I cut out silences to improve pacing and adjusted volume levels for consistent audio quality. By refining these elements, I helped make the podcast engaging and easy to listen to, enhancing the overall quality and professionalism of our final product.

**Task 7: [Associated video editor]** Provide a brief description of what you did for this task, any tools or resources used, and the outcome and how your contributions fit into the overall project.

I created a visual accompaniment to the podcast by editing a video of the cover art and our team pictures. This added a visual element for viewers.

**Task 8: [Cover editor]** Provide a brief description of what you did for this task, any tools or resources used, and the outcome and how your contributions fit into the overall project.

I assembled the cover art by combining text with art made by Shanelle, using Canva. This cover introduces the podcast and provides a professional look that matches our topic.

**Task 9: [CCL Creation]** Provide a brief description of what you did for this task, any tools or resources used, and the outcome and how your contributions fit into the overall project.

I created the CCL (Creative Commons License) for our podcast, using the CCL generator MIranda found. This ensures proper permissions and protection for our work. This step was crucial for meeting legal requirements and setting guidelines on how others can share and use our project.

**Task 10: [Timestamp sheet creator]** Provide a brief description of what you did for this task, any tools or resources used, and the outcome and how your contributions fit into the overall project.

I developed a timestamp sheet that mapped each podcast section for easy reference. This organization allows our audience to quickly locate information, making our podcast more user-friendly and accessible.

**Task 1q: [Citation checker]** Provide a brief description of what you did for this task, any tools or resources used, and the outcome and how your contributions fit into the overall project.

I verified the citations, ensuring that every source was accurately referenced and formatted. This step maintained academic integrity and reinforced our podcast's credibility by aligning with proper citation standards.

**2. Collaboration & Communication**

**Team Meetings:** *Attendance:* [Describe your attendance and participation in team meetings.] and *Input:* [Mention specific ideas or suggestions you contributed during the meetings.]

I attended all team meetings and actively participated in discussions. I was punctual and consistently engaged, ensuring I was up-to-date on team progress and tasks. I was also easy to reach any time we were working independently.

During meetings, I contributed ideas for how to make our script more accessible, particularly on the topics of pregnancy and skin color. I suggested ways to incorporate relevant examples to make complex information relatable for our audience.

**Communication:** *Methods Used:* [Describe how you communicated with your team (e.g., email, group chat, in-person meetings) and how effective it was.] and *Coordination:* [Describe how you helped coordinate tasks and ensured the project stayed on track.]

I communicated with my team primarily through WhatsApp and in-person meetings. WhatsApp was effective for quick updates, sharing files, and coordinating schedules, while in-person meetings allowed us to have more detailed discussions and problem-solve collaboratively. This combination of communication methods helped maintain clear and consistent exchanges, ensuring everyone was aligned on tasks and deadlines.

I helped coordinate tasks by tracking our project timeline and checking in regularly with team members on their progress. I contributed to keeping the project organized and moving smoothly toward completion.

**3. Challenges & Solutions**

**Challenge 1: [Meeting Cancellation]** Explain how you or your team overcame this challenge.

Our group had to cancel a planning meeting because of unexpected personal commitments and challenges outside of school. In response, we adapted by switching to a different approach, using a WhatsApp group chat to stay connected. Through collaborative text discussions, we covered all necessary information, allowing everyone to participate fully despite the changes in our original plans.

**4. Reflection**

**What I Learned:** [Reflect on what you learned from this group work experience, including any new skills or insights gained.]

I gained a deeper appreciation for effective teamwork and trust in a familiar group. Our group’s close connection made communication seamless, allowing us to coordinate easily and rely on one another’s strengths.

 **Areas for Improvement:** [Identify any areas where you feel you could improve in future group projects.]

In future group projects, I could focus on refining our approach to organization by setting more defined roles from the start. Although our teamwork was effective, having more structured roles might have added even more efficiency and clarity to our workflow.

**Overall Contribution:** [Summarize your overall contribution to the project and your thoughts on the final outcome.]

I contributed actively across various aspects of the project, from research and script development to editing and finalizing our podcast. Our team worked seamlessly together, each bringing equally valuable input and energy, and I’m pleased with how effectively we collaborated. The final outcome reflects our combined efforts, and I have no concerns—it was a successful and enjoyable project with a great group.